

33 Journal Topics

1. You were recently elected President of the United States—What things would you change about our country?
2. What is the greatest challenge teens face today? How can you overcome this?
3. What would happen if animals could talk? What are some questions you would like to ask them? What do you think they would say?
4. Write at least fifteen things you like about yourself.
5. What do you think the world will be like in 2109?
6. How would you run your classroom if you were the teacher? How would it be different than the classes you have now? How would it be the same?
7. If you could take three people on a trip to anywhere in the world, where would you go and who would you take? What would your trip be like? What would you want to see?
8. If I was 25 years old, I would...
9. If you were given three wishes, but could only use them for things that didn't directly benefit you, what would you wish for? Why?
10. Write about someone important to you.
11. Write about a time when you thought you were right and everyone else thought you were wrong.
12. What is your favorite childhood memory?
13. I would love to learn to...
14. What do you like to do when it's raining outside?
15. If you could make any three things happen, what would they be and how would they affect you and those around you?
16. What would you consider to be your biggest mistake in life so far?
17. What is the strangest thing that has ever happened to you?
18. Do you believe in ghosts? Why or why not? Have you ever seen a ghost or know anyone who has?
19. How different would your life be if there weren't social media platforms? Would it improve? What would you miss?
20. If you could rid the earth of one thing, what would it be and why? How would the world be different without it?
21. What makes a person nice?
22. If you could go back in time and relive one day of your life, which day would you choose? Why?
23. Have you ever been bullied? How did you handle it? What advice would you give someone in the same situation? If you haven't been bullied, what would you do if you saw someone being bullied?
24. If you could live anywhere, where would you live? How could you make this a reality? Study abroad? Future job? Backpacking?
25. Today is a good day because...
26. If you could turn any fictional character into a real life person, who would you choose? Why? If you could have personally witnessed one event in history, what would you want to have seen? Why?
27. What is your biggest strength and weakness? How do these traits affect your character?
28. How did your parents come up with your name? If you could change your name would you?
29. In five years I will....
30. Are first impressions important?
31. Describe yourself at seventy. What do you look like? What have you accomplished? What have you learned?
32. If you could have dinner with anyone from history, who would you choose? Where would you eat? What questions would you ask them? What do you think their answers would be?
33. List 15 things you are grateful for. How does having gratitude improve your life?