

# Marathon Schools

# September 2011

Monday

Tuesday

Wednesday

Thursday

Friday



**1%, non-fat and  
1% chocolate  
milk are offered  
daily as part of  
the meal**

1  
Menu subject to  
change

2

## A La Carte

### Meal Prices:

Breakfast	\$1.10
Lunch K-6	\$1.60
Lunch 7-12	\$1.85
Reduced Meals	\$.25

Assorted Sandwiches, PB&J,  
yogurt and chef salads  
available daily

## School News

Applications for free and reduced price meals are available on the school's website and in each main office. Last year's benefits will expire on September 30<sup>th</sup>.

Please call the food service office if you have questions or need help filling out the application, 849-3149

5	6	7	8	9
		Baked Popcorn Chicken  Tossed Salad w/ Dressing Steamed Broccoli Chilled Peaches Fresh Fruits	Hamburger on Whole Grain Bun  Sweet Potato Fries Italian Pasta Salad Fruit Cocktail Fresh Fruit	Whole Grain Big Daddy Pizza Garden Green Salad w/ Italian Dressing Celery Sticks w/ Hummus Assorted Fruits Fresh Fruit
12	13	14	15	16
French Toast Sticks w/ Turkey Sausage Hash Brown Pattie 100% Fruit Juice Assorted Fresh Fruits Fresh Fruits	Turkey Deli Day  Homemade Coleslaw Homemade Vegetable Soup Mandarin Oranges Fresh Fruits	Whole Grain Pasta w/ Meat Sauce Carrot Coins Garden Green Salad w/ Italian Dressing Diced Pears Fresh Fruits	Chicken Patty on Whole Grain Bun Sweet Potato Wedges Crunchy Veggie Plate w/ Dip Fruit Cocktail Fresh Fruits	Whole Grain Homemade Pizza  Caesar Salad w/ Dressing Steamed Broccoli Assorted Fruits Fresh Fruits
19	20	21	22	23
Soft Beef Taco w/ Lettuce and Cheese  Baby Carrots w/ Dip Fiesta Beans and Rice Cinnamon Applesauce Fresh Fruits	Hot Meatball Sub  Garden Salad w/ Italian Dressing Cut Green Beans Chilled Peaches Fresh Fruits	Hot Turkey Sandwich  Mashed Potatoes Mixed Vegetables Homemade Pumpkin Bread 100% Juice Cup Fresh Fruits	Popcorn Shrimp w/ Whole Grain Roll California Blend Veggies Celery Sticks w/ Hummus Mandarin Oranges Fresh Fruits	French Bread Pizza  Garden Salad w/ Italian Dressing Broccoli Cuts Assorted Fruits Fresh Fruits
26	27	28	29	30
Hot Dog w/ Chili Sauce on Whole Grain Bun  BBQ Baked Beans Potato Gems Chilled Pears Fresh Fruits	Toasted Cheese Sandwich  Tomato Soup w/ Goldfish Crackers Crunchy Veggie Plate w/ Dip Applesauce Cup Fresh Fruits	Macaroni and Cheese  Tossed Salad w/ Italian Dressing Cut Green Beans Sliced Peaches Fresh Fruits	BBQ Pork Sandwich on Whole Grain Bun  Homemade Coleslaw Sweet Potato Fries Fruited Jell-O Fresh Fruits	Whole Grain Homemade Pizza  Caesar Salad w/ Dressing Steamed Broccoli Assorted Fruits Fresh Fruits