

Marathon School Menu



October 2011

Monday

Tuesday

Wednesday

Thursday

Friday

<p>6 Baked Chicken w/ Whole Grain Roll</p> <p>Cut Green Beans Celery Sticks w/ Hummus Pineapple Tidbits Fresh Fruits</p>	<p>7 Sloppy Joe Sandwich on Whole Grain Bun</p> <p>Homemade Coleslaw Carrot Coins Cinnamon Applesauce Fresh Fruits</p>	<p>8 Scalloped Potatoes and Ham Green Salad w/ Italian Dressing Steamed Carrots Fruit Crisp Fresh Fruits</p>	<p>9 Fish Nuggets w/ Whole Grain Roll</p> <p>California Blend Veggies Crunchy Veggie's w/ Dip Diced Pears Fresh Fruits</p>	<p>7 Galaxy Pizza</p> <p>Garden Salad w/ Italian Dressing Steamed Broccoli Assorted Fruit Cup Fresh Fruits</p>
<p>10 NO SCHOOL</p>	<p>11 NO SCHOOL</p>	<p>12 Baked Popcorn Chicken w/ Whole Grain Bread Stick</p> <p>Homemade Coleslaw Steamed Broccoli Chilled Peaches Fresh Fruits</p>	<p>13 Hamburger on Whole Grain Bun</p> <p>Sweet Potato Fries Lettuce, Tomato, Onion Fruit Cocktail Fresh Fruits</p>	<p>14 Whole Grain Big Daddy Pizza</p> <p>Garden Green Salad w/ Italian Dressing Celery Sticks w/ Hummus Assorted Fruits Cup Fresh Fruits</p>
<p>17 Pancakes w/ Turkey Sausage</p> <p>Hash Brown Pattie 100% Juice Cup Raisins Fresh Fruits</p>	<p>18 Ham Deli Day on Seeded Roll w/ Pretzels</p> <p>Macaroni Salad w/ Veggies Homemade Vegetable Soup Mandarin Oranges Fresh Fruits</p>	<p>19 Whole Grain Pasta w/ Meat Sauce</p> <p>Garden Salad w/ Italian Dressing Seasoned Carrot Coins Diced Pears Fresh Fruits</p>	<p>20 Chicken Patty on Whole Grain Bun</p> <p>Sweet Potato Wedges Crunchy Veggie Plate w/ Dip Fruit Cocktail Fresh Fruits</p>	<p>21 Whole Grain Homemade Pizza</p> <p>Caesar Salad w/ Dressing Steamed Broccoli Assorted Fruits Fresh Fruits</p>
<p>24 Chicken Fajita w/ Lettuce, Cheese & Salsa</p> <p>Baby Carrots w/ Dip Fiesta Beans and Rice Cinnamon Applesauce Fresh Fruits</p>	<p>25 Hot Meatball Sub</p> <p>Garden Salad w/ Italian Dressing Green Beans Chilled Peaches Fresh Fruit</p>	<p>26 Hot Turkey Sandwich</p> <p>Mashed Potatoes Mixed Vegetables Homemade Pumpkin Bread 100% Juice Cup Fresh Fruit</p>	<p>27 Popcorn Shrimp w/ Whole Grain Roll</p> <p>Sweet Potato Fries Celery Sticks w/ Hummus Mandarin Oranges Fresh Fruit</p>	<p>28 Galaxy Pizza</p> <p>Garden Salad w/ Italian Dressing Broccoli Cuts Assorted Fruits Fresh Fruits</p>
<p>Chili Dog on Whole Grain Roll</p> <p>Baked Beans Potato Gems Chilled Pears Fresh Fruits</p>				

A La Carte

Meal Prices:

Breakfast	\$1.10
Lunch K-5	\$1.60
Lunch 6-12	\$1.85
Reduced Meals	\$.25

Assorted sandwiches, PB&J,
yogurt and chef salads
available daily

Menu subject to change

School News

Any family who has not completed a new free and reduced application for this school year needs to do so soon. Any benefits you were receiving have been stopped. Applications are available on the school website or in the main office of each school building.

