

Marathon Central Schools

March 2012

Monday

Tuesday

Wednesday

Thursday

Friday



5
Homemade Macaroni and Cheese

Tossed Salad w/ Dressing
Mixed Vegetables
Fruit Cocktail
Fresh Fruits

6
Soft Beef Taco w/ Lettuce and Cheese

Steamed Brown Rice
Sweet Corn
Diced Pears
Fresh Fruits

7
Pasta w/ Meatballs

Tossed Salad w/ Dressing
Cut Green Beans
Chilled Peaches
Fresh Fruits

8
Chili Dog on Whole Grain Bun
Sweet Potato Gems
BBQ Baked Beans
Mandarin Oranges
Fresh Fruits

9
Galaxy Pizza
Caesar Salad w/ Dressing
Steamed Broccoli
Assorted Fruit Cup
Fresh Fruits

12
Chicken Patty on Whole Grain Bun

Baked French Fries
Green Beans
Fruit Cocktail
Fresh Fruit

15
Cheeseburger on Bun
Macaroni Salad w/ Veggies
Homemade Coleslaw
Fruited Jell-O
Fresh Fruits

14
Hot Turkey w/ Gravy w/ Whole Grain Roll
California Blend Veggies
Mashed Potatoes
Pumpkin Bread
Fresh Fruits

13
Toasted Cheese Sandwich
Tomato Soup w/ Crackers
Seasoned Corn
Applesauce
Fresh Fruits

16
Staff Development Day

19
Meatloaf w/ Gravy
Mashed Potatoes
Mixed Vegetables
Mandarin Oranges
Fresh Fruits

20
Beef Chili Bowl w/ Crackers
Tossed Salad w/ Italian Dressing
Seasoned Corn
Assorted Fruit Cup
Fresh Fruits

21
BBQ Rib Sandwich on Whole Grain Bun

Homemade Coleslaw
French Fries
Applesauce
Fresh Fruits

22
Scallop Potatoes w/ Ham
Carrot Coins
Crispy Veggie Plate
Diced Peaches
Fresh Fruits
** Free Cookie

23
Homemade Pizza
Tossed Salad w/ Italian Dressing
Broccoli Cuts
Assorted Fruit Cup
Fresh Fruits

20
Sloppy Joe on Whole Grain Bun

BBQ Baked Beans
Confetti Potato Gems
Fruit Cocktail
Fresh Fruits

27
Deli Day Sandwich w/ Pretzels
Macaroni Salad w/ Veggies
Homemade Vegetable Soup
Cinnamon Applesauce
Fresh Fruits

28
Shrimp Poppers w/ Whole Grain Roll
Tossed Salad w/ Italian Dressing
Seasoned Corn
Pineapple Tidbits
Fresh Fruits

29
Popcorn Chicken w/ Whole Grain Roll

Potato Gems
Cut Green Beans
Sliced Pears
Fresh Fruits

30
Big Daddy Pizza
Tossed Salad w/ Italian Dressing
Steamed Broccoli Cuts
Assorted Fruits
Fresh Fruits

A La Carte

Meal Prices:

Breakfast	\$1.10
Lunch K-6	\$1.60
Lunch 7-12	\$1.85
Reduced Meals	\$.25

Assorted sandwiches, PB&J, yogurt and chef salads available daily

Menu subject to change

All meals come with a choice of milk

School News

Breakfast is offered daily in all school buildings. We are happy to offer your child a hot breakfast w/ fresh fruit, 100% juice and milk